

**Austin Independent School District (AISD)
2019 - 2020 PARTICIPATION FORM**

School _____

Last Name	First Name	MI	Student ID	Grade	Date of Birth	Sex	Sports (List All Participating In)	
Street Address (No P.O. Boxes)				City		Zip		Home Phone
Guardian's Name		Employer		Cell Phone		Work Phone	Relationship to Student	
Guardian's Name		Employer		Cell Phone		Work Phone	Relationship to Student	
Secondary Emergency Contact Name				Cell Phone		Home Phone	Relationship to Student	
Do you have private insurance, medicaid and/or CHIP? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, specify type or Company. _____								

THIS FORM MUST BE ON FILE PRIOR TO PARTICIPATION IN ANY PRACTICE, SCRIMMAGE, PERFORMANCE OR CONTEST BEFORE, DURING OR AFTER SCHOOL, INCLUDING AN ATHLETIC PERIOD.

	YES	NO		YES	NO
1. Have you had a medical illness or injury since your last check up or sports physical?	<input type="checkbox"/>	<input type="checkbox"/>	11. Do you have any current skin problems (for example, itching, rashes, acne, warts, fungus, or blisters)?	<input type="checkbox"/>	<input type="checkbox"/>
2. Have you been hospitalized overnight in the past year? Have you ever had surgery?	<input type="checkbox"/>	<input type="checkbox"/>	12. Have you had any problems with your eyes or vision?	<input type="checkbox"/>	<input type="checkbox"/>
3. Have you ever had prior testing for the heart ordered by a physician? What Age? _____ What was the diagnosis? _____ Have you ever passed out during or after exercise? Have you ever had chest pain during or after exercise? Do you get tired more quickly than your friends do during exercise? Have you ever had racing of your heart or skipped heartbeats? Have you had high blood pressure or high cholesterol? Have you ever been told you have a heart murmur? Has any family member or relative died of heart problems or of sudden unexpected death before age 50? Has any family member been diagnosed with enlarged heart, (dilated cardiomyopathy) hypertrophic cardiomyopathy, long QT syndrome, or other ion channelopathy (Brugada syndrome, etc.) Marfan's syndrome, or abnormal heart rhythm)? Have you had a severe viral infection (for example, myocarditis or mononucleosis) within the last month? Has a physician ever denied or restricted your participation in sports for any heart problems?	<input type="checkbox"/>	<input type="checkbox"/>	13. Have you ever gotten unexpectedly short of breath with exercise? Have you ever been diagnosed with asthma? Within the past year, have you experienced an asthma attack? Are you prescribed an inhaler?	<input type="checkbox"/>	<input type="checkbox"/>
4. Have you ever had a head injury or concussion? Have you ever been knocked out, become unconscious, or lost your memory? If yes, how many times? _____ When was the last concussion? _____ How severe was each one? (Explain below) Have you ever had a seizure? Do you have frequent or severe headaches? Have you ever had numbness or tingling in your arms, hands, legs, or feet? Have you ever had a stinger, burner, or pinched nerve?	<input type="checkbox"/>	<input type="checkbox"/>	14. Do you use any special protective or corrective equipment or devices that aren't usually used for your sport or position (for example, knee brace, special neck roll, foot orthotics, retainer on your teeth, hearing aid)?	<input type="checkbox"/>	<input type="checkbox"/>
5. Are you missing any paired organs?	<input type="checkbox"/>	<input type="checkbox"/>	15. Have you ever had a sprain, strain, or swelling after injury? Have you broken or fractured any bones or dislocated any joints? Have you had any other problems with pain or swelling in muscles, tendons, bones, or joints? If yes, check appropriate box and explain below. <input type="checkbox"/> Head <input type="checkbox"/> Chest <input type="checkbox"/> Elbow <input type="checkbox"/> Hand <input type="checkbox"/> Thigh <input type="checkbox"/> Ankle <input type="checkbox"/> Neck <input type="checkbox"/> Shoulder <input type="checkbox"/> Forearm <input type="checkbox"/> Finger <input type="checkbox"/> Knee <input type="checkbox"/> Foot <input type="checkbox"/> Back <input type="checkbox"/> Upper Arm <input type="checkbox"/> Wrist <input type="checkbox"/> Hip <input type="checkbox"/> Shin/Calf	<input type="checkbox"/>	<input type="checkbox"/>
6. Are you currently under a doctor's care for a specific illness, injury or medical condition?	<input type="checkbox"/>	<input type="checkbox"/>	16. Are you unsatisfied with your current weight? Do you lose weight regularly to meet weight requirements for your sport?	<input type="checkbox"/>	<input type="checkbox"/>
7. Are you currently taking any prescription or non-prescription (over-the-counter) medication or pills?	<input type="checkbox"/>	<input type="checkbox"/>	17. Do you feel stressed out?	<input type="checkbox"/>	<input type="checkbox"/>
8. Do you have any allergies (for example, to pollen, medicine, food, or stinging insects)? Do you have seasonal allergies that require medical treatment?	<input type="checkbox"/>	<input type="checkbox"/>	18. Have you ever been diagnosed with or treated for sickle cell trait or sickle cell disease?	<input type="checkbox"/>	<input type="checkbox"/>
9. Have you ever been dizzy during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>	19. Do you have any other medical conditions not previously mentioned (for example, diabetes, thyroid disease, immune disorders, bleeding disorder, etc)?	<input type="checkbox"/>	<input type="checkbox"/>
10. Have you ever become ill from exercising in the heat?	<input type="checkbox"/>	<input type="checkbox"/>	MALES ONLY 20. Do you have less than two testicles? 21. Do you have any testicular swelling or masses?	<input type="checkbox"/>	<input type="checkbox"/>
			FEMALES ONLY 22. When was your first menstrual period? _____ When was your most recent menstrual period? _____ How much time do you usually have from the start of one period to the start of another? _____ How many periods have you had in the last year? _____ What was the longest time between periods in the last year? _____		
			An individual answering in the affirmative to any question relating to a possible cardiovascular health issue (question three above), as identified on the form, should be restricted from further participation until the individual is examined and cleared by a physician, physician assistant, chiropractor or nurse practitioner.		
			Explain Yes Answers (use another sheet if necessary) _____ _____ _____		

It is understood that even though protective equipment is worn by the athletes, whenever needed, the possibility of accident still remains. Neither the University Interscholastic League nor the school assumes any responsibility in case an accident occurs. If, in the judgement of any representative of the school, the above student should need immediate care and treatment as a result of any injury or sickness, I do hereby request, authorize, and consent to such care and treatment as may be given said student by any physician, athletic trainer, nurse, or school representative. I do hereby agree to indemnify and save harmless the school and any school or hospital representative from any claim by any person on such account of such care and treatment of such student. If, between this date and the beginning of participation, any illness or injury should occur that may limit this student's participation, I agree to notify the school authorities of such illness or injury.

I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct. Failure to provide truthful responses could subject the student in question to penalties determined by the UIL.

Student Signature: _____ **Parent/Guardian Signature:** _____ **Date:** _____

This Medical History Form was reviewed by: Doctor: _____ <p align="center">Signature</p>	School Official: _____ <p align="center">Signature</p>
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PREPARTICIPATION PHYSICAL EVALUATION – PHYSICAL EXAMINATION

Student's Name _____ Sex _____ Age _____ Date of Birth _____

Height _____ Weight _____ Pulse _____

BP	/	/	/
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brachial blood pressure while sitting

% Body fat (optional) _____

Vision R 20/_____ L 20/_____ Corrected: Y N Pupils: Equal _____ Unequal _____

	NORMAL	ABNORMAL FINDINGS	INITIALS*
MEDICAL			
Appearance			
Eyes/Ears/Nose/Throat			
Lymph Nodes			
Heart-Auscultation of the heart in the supine position.			
Heart-Auscultation of the heart in the standing position.			
Heart-Lower extremity pulses			
Pulses			
Lungs			
Abdomen			
Genitalia (males only)			
Skin			
MUSCULOSKELETAL			
Neck			
Back			
Shoulder/Arm			
Elbow/Forearm			
Wrist/Hand			
Hip/Thigh			
Knee			
Leg/Ankle			
Foot			
Marfan's stigmata (arachnodactyly, pectus, excavatum, joint hypermobility, scoliosis)			

Austin ISD requires that each athlete have an annual physical dated after April 15, 2019

CLEARANCE

Cleared; Recommendations: _____

Cleared after completing evaluation/rehabilitation for: _____

Not cleared for: _____

Reason: _____

<p>The following information must be filled in and signed by either a Physician, a Physician Assistant licensed by a State Board of Physician Assistant Examiners, a Registered Nurse recognized as an Advanced Practice Nurse by the Board of Nurse Examiners, or a Doctor of Chiropractic. Examination forms signed by any other health care practitioner, will not be accepted.</p>	
Name (print/type) _____	Date of Examination: _____
Address: _____	Phone: _____
Signature: _____	SIGNATURE ALSO REQUIRED BELOW MEDICAL HISTORY ON FRONT OF FORM

****Athletics Only****

austinisd.rankonesport.com

Austin ISD Athletic Department has switched over to online forms. You will complete all signatures and paperwork online, with the exception of the medical history and physical exam. Both the online forms and the physical exam must be completed before your student can participate in any practice or game, including the athletic period.

Online forms must be completed by the parent/guardian and student athlete simultaneously.

INSTRUCTIONS:

- Go to: **austinisd.rankonesport.com** or scan the QR code below
- Enter your students ID number and name as it is shown on their report card
- There are two separate electronic participation forms to complete: Contact Info and Signature Page
- Read, complete, and electronically sign both forms. Student and Parent/Guardian must sign at the same time
- Print a copy of the forms for your records only, if desired. Do not send in hard copies of online materials
- Complete the physical exam with your physician and return both the medical history and physical page along with the emergency card below, to the designated school official



Name _____

PLEASE PRINT

Austin Independent School District
EMERGENCY STUDENT INFORMATION CARD

Sport(s)

Austin ISD policy requires the completion of this permit for participation in athletics.

1. _____

If, in the judgment of any representative of the school, the above student needs immediate care and treatment as a result of any injury or sickness, I do hereby request, authorize, and consent to such care and treatment as may be given to said student by any physician, athletic trainer, nurse, hospital, or school representative; and I do hereby agree to indemnify and save harmless the school district and any school representative from any claim by any person whatsoever on account of such care and treatment of said student.

2. _____

3. _____

Parent Signature _____ Date _____

Name (*Last, First*) _____ Grade _____ StudentID# _____

School Attending _____ Home Phone _____

Home Address _____ City _____ Zip _____

Parent/Guardian(s) Name _____

Work _____ Cell _____ Email _____

Parent's Insurance Co. _____ Preferred Hospital _____

Family Physician: _____ Office Phone _____

